

Walking Kit Check List

What to Wear

- Boots
- Socks
- Walking trousers
- Base layer top
- Mid layer top
- Outer jacket
- Rucksack
- Rucksack liner

What to Bring

- Phone
- Phone Dry Bag
- Waterproof trousers
- Head torch
- Waterproof Jacket
- Spare warm top
- Warm hat
- Sun hat
- Gloves
- Buff
- Walking poles if you use them

Extras for your rucksack

- Food
- Hydration & bottle
- SPF/Sun cream
- Insect Repellent
- Wet wipes/toilet paper
- Nappy Bag
- Spare Batteries
- Power bank (optional)

For the Car!

- Spare dry clothes
- Towel

